

MENU for July 2024

July 1-5

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	Wg cereal, fresh mandarins, milk	Bagels with cream cheese, Bananas, milk	Scrambled eggs, Apples WG bread, milk		WG pancakes, Strawberry, milk
Lunch	Baked pasta with beef and veggies Grapes, milk	Mashed potatoes, Baked Chicken, Peaches, Salad milk	Chicken pilaf salad, Apples, Milk	NO SCHOOL	Beef spaghetti, Canned corn, banana, Milk
Snack	Graham crackers Apple sauce Milk	Pita bread pizza grape juice	Yogurt with fruits water		Mozzarella sticks wG crackers orange juice

July 8-12

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	WG cereal Cheerios Fresh orange Milk	Whole grain Pancakes/Syrup fresh oranges, milk	French toast sticks Fresh orange slices Milk	Scrambled eggs WW toast, Milk	Croissant with chocolate, strawberry, milk
Lunch	Beef Pilaf Salad, Mandarins, Milk	Hotdogs/french fries Fresh apple slices, milk	Chicken wraps Watermelon Milk	Chicken pasta bake Salad, Grapes Milk	Tuna sandwich/ fresh orange, milk
Snack	cheese quesadilla, apple juice	Yogurt drink, graham crackers	cream cheese rolls Fresh fruit Milk	PB AND J sandwiches apple juice	Cheese sticks WG Crackers apple juice

July 15-19

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	Wg cereal bananas, milk	Scrambled eggs W toast, fresh oranges, Milk	Croissants, with chocolate, banana, milk	Bagels with cream cheese, strawberry, milk	WG waffle/ syrup fresh oranges milk
Lunch	Chicken pilaf tomato, cucumber salad, oranges, milk	Baked chicken/ mashed potato bananas, milk	Beef spaghetti, banana corn Milk,	Chicken quesadilla Peaches milk/ Chicken pilaf	Baked fish/ rice Fresh Apple Salad Milk
Snack	Applesauce, graham crackers	Yogurt with fruits water	PB/jelly sandwich Grape juice	Mini bagels pizza, apple juice	Cheese sticks, Crackers orange juice

July 22-26

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	WG cereal Pineapple slices Milk	WG waffles apple slices milk	Pancakes fresh oranges, milk	French toast sticks bananas, milk	Scrambled eggs Ww toast, fresh oranges, Milk
Lunch	Beef pilaf, grapes, romaine salad, milk	Chicken sandwiches, French fries Peaches Milk	Chicken macaroni and cheese Corn bananas, milk	Chicken quesadillas salad, mandarines, mik	Beef spaghetti, grapes, milk
Snack	Cheese quesadilla, grape juice	Mini Bagel Pizza, fresh pineapples, water	PB And Jam Sandwiches, orange juice	Yogurt drink, animal crackers	Croissants/ Strawberry Jam, grape juice